

VISIT OF MEDICAL STUDENTS FROM AVECINA MEDICAL COLLEGE, LAHORE

Community Medicine department of Avecina Medical College, Lahore requested MCWAP for permission to visit MCH Centres of MCWAP.

A visit was arranged on 22nd January, 2019. A batch of 123 students came to MCH Centre Dera Chahal. They were briefed about various facilities / services being provided to the people of the village specially women and children.

They also visited MCH Centre Hayer. Students were accompanied by their faculty members, who appreciated the services of MCWAP for deserving and needy section of population.

MCH centres of MCWAP are regarded as model MCH centres.



FREE MEDICAL CAMP IN MOTA SINGH KALAN

Mota Singh Kalan is situated on Bedian Road with population of 5,000. Maternity and Child Welfare Association of Pakistan (MCWAP) arranged a Medical Camp in the village Mota Singh Kalan on 20th February, 2019. Following facilities were provided

1. Examination and treatment of patients.
2. Antenatal exam of pregnant ladies.
3. Blood Sugar testing.
4. Provision of Medicines.

All these facilities were provided free to the patients. 105 patients attended the camp. Efforts of MCWAP were appreciated by village people.



FREE MEDICAL CAMP IN VILLAGE ASIL

Village Asil is located on Bedian Road near Indian border. There is no health facility available in the village other than quacks. Population of the village is about 3,000 persons.

Maternity and Child Welfare Association of Pakistan (MCWAP) arranged a Medical Camp in the village on 16th March, 2019. More than 100 patients were checked and provided medicines, Blood sugar was checked for 80 patients and Hepatitis B & C screening tests were performed.



VISIT OF MEDICAL STUDENTS FROM CONTINENTAL MEDICAL COLLEGE, LAHORE

Community Medicine department of Continental Medical College, Lahore requested MCWAP for permission to visit MCH Centres of MCWAP.

A group of 100 students from Community Medicines department of Continental Medical College, Lahore visited MCH Centre Dera Chahal. They were accompanied with four faculty members. Our staff welcomed them and briefed them about various activities of MCH centre.



AWARENESS SEMINAR FOR WOMEN DAY CELEBRATION

Maternity and Child Welfare Association of Pakistan(MCWAP) arranged a seminar in a village named Asil on Bedian Road in connection with Women Day.

About 50 women attended the seminar, Dr. Ubaida Nighat a public health consultant and Dr. Shagufta Zaidi Director MCWAP addressed the gathering highlighting the reasons for celebration of Women Day. Women of the village actively participated in the Seminar. It is hoped that our message will spread.



HYGIENE AND HEALTH SEMINAR IN SCHOOL

Maternity and Child Welfare Association of Pakistan arranged a seminar on cleanliness and personal hygiene and its relation to health in a Government Primary School in Dera Chahal village on 27th March, 2019. Fifty students from class three, four and five along with their teachers participated. MCWAP team consisted of Dr. Shagufta Zaidi, Mrs. Riffat Naim and Mrs. Farzana Azam, LHV. Students were demonstrated proper way of hand washing, teeth brushing, girls were shown practical way of washing and combing their hair and keeping hair lice free.

They were also told importance of hand washing, oral hygiene and personal hygiene as cutting of nails and keeping them clean, taking bath, wearing clean ironed clothes.

Environmental hygiene as cleanliness of homes, streets and proper disposal of household waste was also explained to them.

In the end students were tested for the knowledge they gained from the seminar. It was quite encouraging to note that they picked up almost everything. Teachers also appreciated the efforts of MCWAP team. Gifts / snacks were also distributed to students.



SURVEY OF NISHAT COLONY, CANTT LAHORE.

MCH Centre, Nishat Colony of MCWAP in Nishat Colony cater large population of low income group of people. MCWAP plans to register 5000 population so that family based health services may be provided. Students of Continental Medical College, Lahore helped MCWAP in this survey, with curtsy of Prof. Dr. Shaheena Manzoor, Head of Department of Community Medicine in Continental Medical College.

Whole staff of MCWAP and 77 students from Continental Medical College, Lahore conducted this survey on 08th April, 2019. It was completed in one day. Collected data is under process it will be used to prepare family files. Students were offered refreshments.



FREE CAMP FOR DIABETIC & HYPERTENSION PATIENTS

A camp was arranged in MCH Centre Nishat Colony on 21st April, 2019 for diabetic and hypertensive patients in collaboration with Diabetic department of Services Institute of Medical Sciences (SIMS).

Patients were tested for Blood sugar and serum cholesterol. Specialists from Diabetic Centre of Services Hospital volunteered their services for examining all diabetic patients. They were also provided medicines free of cost (with courtesy of Dr. Afshan Khan).

Two pediatricians also volunteered their services and checked sick children. A family physician checked general patients.

About 80 patients attended the camp. They were also given dietary advice individually and through audio-visional aid.

Camp was well organized and all the counters worked till 02:00pm. MCWAP is grateful to all volunteers, Gets Pharma, Hilton Pharma and Diabetic department SIMS for their valuable contribution for arranging the camp. **Special thanks to Dr. Afshan Khan.**



FREE HEALTH CAMP IN VILLAGE ASIL

On 26th June, 2019 a free medical camp was arranged in village Asil near Indian boarder about 10km off Bedian road. Village population is about 4,000 persons, belonging to working class. There is no health facility available in the village. Facilities provided were examination and management of general patients, pregnant ladies and children. Medicines were provided free of cost.

They were also checked for Hepatitis C and Blood Sugar level. Two volunteer doctors Dr. Rubina and Dr. Shazia from National Committee for Maternal & Neonatal Health (NCMNH), Lahore accompanied the MCWAP team. MCWAP is grateful to Dr. Sabiha Khursheed for participating in the camp.



FREE HEALTH CAMP IN VILLAGE KARBATH

MCWAP arranged a free Health Camp in village Karbath off bedian road, Lahore on 06th August, 2019. Students from Gender Studies department of Lahore College for Women University, Lahore and doctors from NCMNH, collaborated with MCWAP. Following facilities were provided at the health camp.

1. Examination and treatment of general patients mostly women & Children.
2. Screening for Hepatitis B & C and Blood Sugar were performed.
3. Awareness talks to people of village on different health topics as Personal and Environment Hygiene, General Cleanliness, Family Planning and Prevention / Management of Hepatitis.
4. Guidance of pregnant ladies for regular antenatal check-up.

Camp was well attended. 88 patients were examined and treated. All medicines were provided free of cost. Hepatitis screening and Blood sugar testing was performed on 88 people. Village people were thankful to MCWAP for arranging this camp.



BREAST CANCER AWARENESS SEMINAR

A seminar was arranged for creating awareness for early detection and prompt treatment of breast cancer at MCH Centre, Nishat Colony, on 22nd October, 2019. Women gathered and participated in the seminar.

Dr. Sabiha Khursheed, Regional Manager, National Committee for Maternal & Neonatal Health(NCMNH), Lahore conducted the seminar.

Women were very enthusiastic in their participation. Information was imparted to them in their own language. Self palpatory method of detection for treating the lump was practically shown and taught.

